

Impact Facts

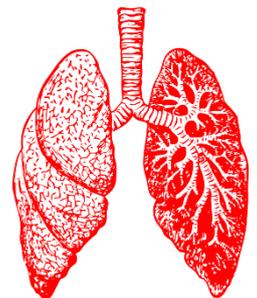
Charitable expenditure highlights for May 2017

act
**Addenbrooke's
Charitable Trust**
Registered charity number: 1170103

May 2017

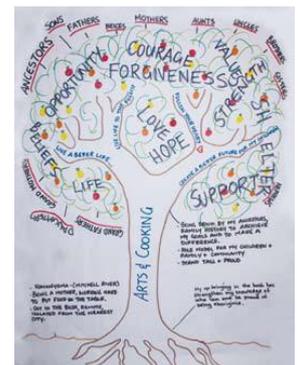
A mobile app to aid self-management of breathlessness

Patients affected by breathlessness are often left with very little information on how best to manage their condition, especially as there isn't a one size fits all approach. CUH currently assists over 300 patients a year to manage their breathlessness and to help with this, an app that provides questions to help reassure and motivate has been funded with £20,000 of charitable funds. It is hoped that this technology will reduce hospital admissions, helping patients better manage their condition and provide educational and training material to staff caring for this patient group.



Therapy group for young people with epilepsy

ACT has provided a grant of £280 via the Patient Amenities Panel to allow the team in Paediatric Psychology to set up and run four Tree of Life therapy groups for young people with epilepsy. Using different parts of a tree as a metaphor for different aspects of life, young people are encouraged to draw their own tree of life as an aid to explore their roots, skills and knowledge and discuss hopes and dreams. This group offers social support and a safe and supportive space enabling young people to share experiences with others in similar situations.



Reducing the need for hip surgery in cerebral palsy patients

An ACT grant of £12,000 for a web-based patient management system has reduced the numbers of children with cerebral palsy presenting with hip dislocation. Specialist physiotherapists enter standardised assessments onto a system that then alerts paediatricians and orthopaedic surgeons to intervene early enough to prevent more serious complications. This innovative platform reduces the amount of costly major surgeries performed and helps staff develop new treatment strategies for children with cerebral palsy.



Prostate biopsy machine gives world class results

ACT provided £57,000 to upgrade the BiopSee machine part funded by ACT in 2012, which links MRI to live ultrasound images while taking prostate biopsies. Based on the data from patients who have undergone this procedure, the quality of MRI and biopsies can be assessed and practice constantly improved. Consequently, our prostate cancer detection rates are the best in the UK and equal to other world-leading centres. We can also better counsel patients with accurate diagnosis and can use MRI to avoid biopsies, preventing pain and side-effects.



Continued...

Hospital Brain Injury Co-ordinator for Acquired Brain injury

A Headway Cambs Hospital Brain Injury Co-ordinator has again been funded for a year with £18,699 of charitable funds. This post will provide vital dedicated emotional support for families so that clinicians can focus on the medical treatment of the patient. It will also help communication between families/clinicians at a traumatic time, allowing them to cope better with the life-changing experiences they are going through. It will also bolster families' health to allow them to provide the support and care the patient will need at home and help them gain a greater understanding of the effects of brain injury.



Extra seating for patients and visitors

ACT has provided a grant of £8,100 to improve the external space outside Clinic 9 (next to the Outpatients Garden), which is being redeveloped as the Urgent care Centre. New benches are being installed to allow people to enjoy a more pleasant space and escape from the hustle and bustle of the hospital.

