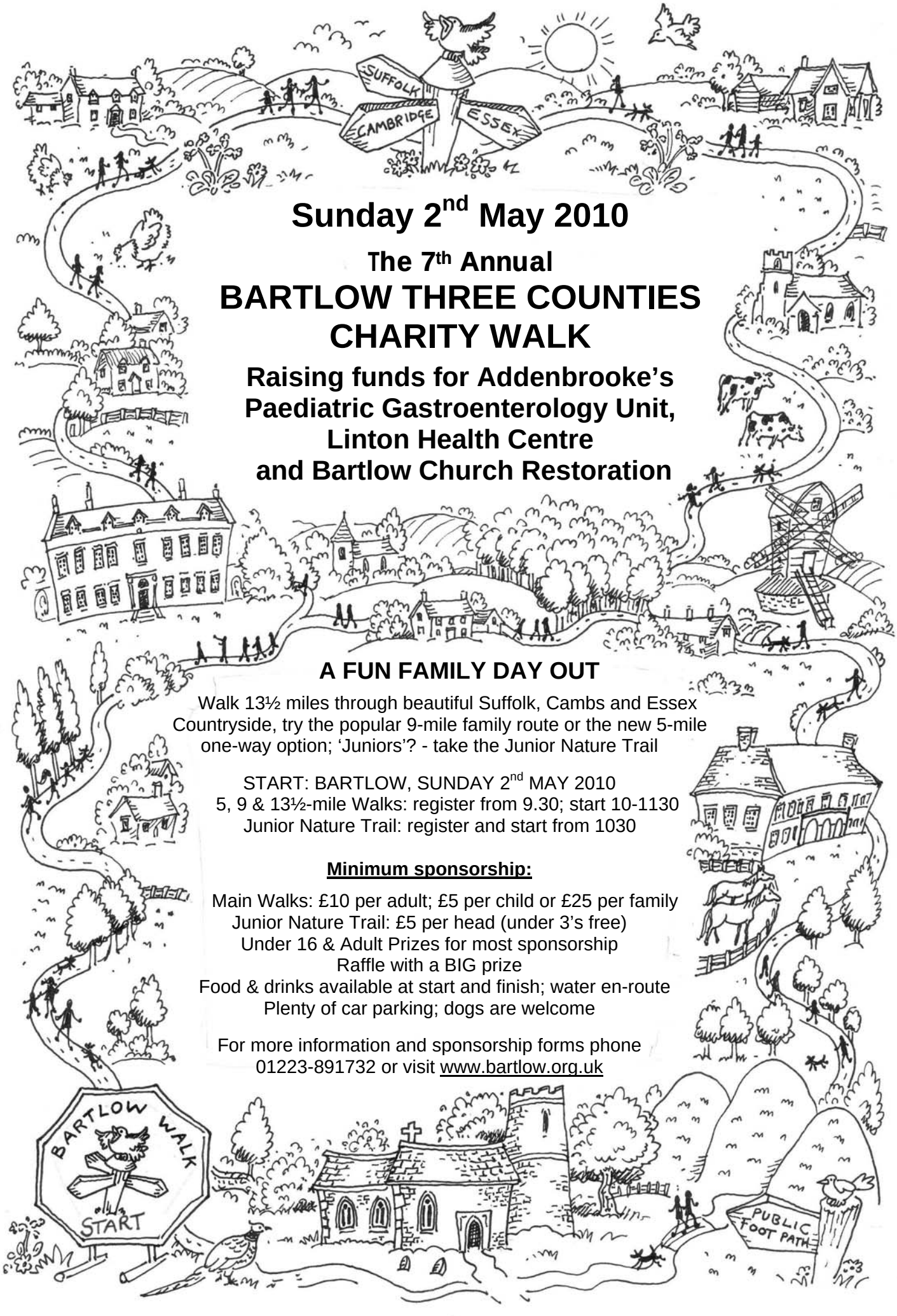

Sunday 2nd May 2010

The 7th Annual

BARTLOW THREE COUNTIES CHARITY WALK

Raising funds for Addenbrooke's Paediatric Gastroenterology Unit, Linton Health Centre and Bartlow Church Restoration

A FUN FAMILY DAY OUT

Walk 13½ miles through beautiful Suffolk, Cambs and Essex Countryside, try the popular 9-mile family route or the new 5-mile one-way option; 'Juniors'? - take the Junior Nature Trail

START: BARTLOW, SUNDAY 2nd MAY 2010
5, 9 & 13½-mile Walks: register from 9.30; start 10-1130
Junior Nature Trail: register and start from 1030

Minimum sponsorship:

Main Walks: £10 per adult; £5 per child or £25 per family
Junior Nature Trail: £5 per head (under 3's free)
Under 16 & Adult Prizes for most sponsorship
Raffle with a BIG prize
Food & drinks available at start and finish; water en-route
Plenty of car parking; dogs are welcome

For more information and sponsorship forms phone 01223-891732 or visit www.bartlow.org.uk